GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:3814
ANSWERED ON:18.04.2000
VEGETARIAN DIET FOR PATIENTS
PUSHPDAN SHAMBHUDAN GADHAVI;RAGHUVANSH PRASAD SINGH

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether the Government have studied the report of the World Cancer Research Fund and American Institute for Cancer Research;

(b) if so, the main recommendations made therein;

(c) the action taken to popularise plant food to prevent diseases caused due to flesherian diet and deleterious effect of fast food being promoted by Multi-national companies; and

(d) the steps taken by the Government to start healthful vegetarian diet for patients in hospitals?

Answer

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (INDEPENDENT CHARGE)

(SHRI N.T. SHANMUGAM)

(a)&(b): The Joint report of World Cancer Research Fund & American Institute for Cancer Research on `Food Nutrition and the Prevention of Cancer, a Global Perspective` was released by Nutrition Foundation of India.This report deals with consumption of Food items preferably vegetarian foods, rich in fruits and vegetables which are expected to prevent cancer.

(c) &(d): Providing proper and adequate nutrition to the people is the main concern of the Government rather than providing any particular type of diet. Consumption of non-vegetarian food in our country is low.

Hospital diets are usually vegetarian. Hospitals plan and provide specific diets according to the requirements of admitted patients of different diseases. Outdoor patients are also given dietary advice and restrictions as required for management of their disease.